

Ben:

Just wanted to let you know we had a BLAST at the run. We made the trip from St. Louis with our families and stayed over at the Great Wolf Lodge. The run was very well organized and, after having done probably 50 organized races in the last two years, I can honestly say I have never felt so welcome at an event.

Now, as for the course, my feet are fine, but my ego is bruised. What a sobering experience and I mean that in a good way. We did the Pere Marquette Trail Run in Grafton, IL which is also very tough, but the extra three miles and some of the climbs in the Psycho Wyco run were killer. We LOVED it.

We'll be back next year for sure for the 10 mile, maybe for the 20 mile.

Thanks again for all the effort to set this up. We REALLY appreciate it!!!!

Brett Rufkahr
St. Louis, MO