

Ben,

I just wanted to send you an email to say that the Psycho WyCo was probably the most fun race that I have participated in. Everything about the run was awesome...from the helpful and supportive volunteers, the aid stations...even the five times that I totally wiped out on the ice. It was my first trail race, and my first ultra, and I thank you and all of the volunteers for making it an enjoyable experience...a great introduction to a new type of running for me. Thanks for all of your efforts!

Charles du Preez